Lean On

Count: 32 **Wall:** 4 **Level:** Absolute Beginner

Choreographer: Paula-jayne Ogilvie (AUS) - October 2026

Music: Lean On Me - Saxity, Hoken & Victor Perry

No tags, no restarts

Section 1. Walk forward R, L, R kick (with clap) walk back L, R, L, touch R (with clap).
1,2,3,4. Step RF forward, step LF forward, step RF forward, kick LF forward (clap hands up high).
5,6,7,8. Step LF back, step RF back, step LF back, touch RF beside LF (clap hands in front).

Section 2. Side, point, side, point, vine right, touch.
1,2,3,4. Step RF to R side, point L toe forward 45° to L side, step LF to L side, point R toe forward 45° to R side.
5,6,7,8. Step RF to R side, step LF behind RF, step RF to R side, touch LF beside RF.

Section 3. Vine L ¼ touch, v step.
1,2,3,4. Step LF to L side, step RF behind LF, ¼ L stepping LF forward, touch RF beside LF.
5,6,7,8. Step RF out to R side, step LF out to L side, step RF back, step LF beside RF.

Section 4. Rocking chair, cross rock, recover, point, flick.
1,2,3,4. Rock RF forward, recover weight to LF, rock RF back, recover weight to LF.
5,6,7,8. Rock RF over LF , recover weight to LF, point RF to right side, flick RF back

Last Update: 15 Oct 2026