

Lola Cha Cha

Count: 32

Wall: 4

Level: Improver

Choreographer: Paula-jayne Ogilvie (AUS) - August 2026

Music: Lola Cha cha - DJTEXX

Section 1. Cross rock, recover, side shuffle, cross rock recover side shuffle.

- 1,2. Cross RF over LF, recover weight LF.
- 3&4. Step RF to R side, step LF beside RF, step RF to R side.
- 5,6. Cross LF over RF, recover weight to LF.
- 7&8. Step LF to L side, step RF beside LF, step LF to L side.

Section 2. Rock forward, recover, ¼, point, hold, touch, point, touch, hold.

- 1,2. Rock forward RF, recover weight to LF.
- &3,4. ¼ R stepping RF to R side, point LF to L side, hold. (3:00)
- 5,6. Touch LF beside RF, point LF to L side
- 7,8. Touch LF beside RF. Hold

Section 3. ½ turn L sweep, across, side, back, sweep, behind, side, cross.

- 1,2. ½ L stepping with LF sweeping RF around (over 2 counts)
- 3,4. Cross RF over LF, step LF to L side.
- 5,6. Step RF back, sweep LF from front to back.
- 7&8. Step LF behind RF, step RF to R side, cross LF over RF.

Section 4. Point, hold, together, point, together side lunge, drag together, hold, sweep RF around semi circle with flick.

- 1,2. Point RF to R side hold.
- &3&4. Step RF beside LF, point LF to L side, step LF beside RF, point RF to R side bending L knee
- 5,6. Drag RF towards LF (dramatically), hold.
- 7,8. Draw a semi circle with RF, flick RF back.

Notes walls 4 & 6 have a restart with a slight step change you will dance until count 7 in section 1 and on count 8 add ¼ L. Wall 4 will restart at 12:00, wall 6 will restart at 6:00.

Have fun with this. This has a totally different flavour to anything I have choreographed before.

Last Update: 2 Sep 2026