

Shape of a Woman

Count: 32

Wall: 4

Level: Improver

Choreographer: Kristy Borsato (AUS) & Paula-jayne Ogilvie (AUS) - May 2026

Music: Shape of a Woman - Lady Gaga

Section 1 cross, side, behind point, back point, rock back recover.

- 1,2,3,4. Cross RF over LF, step LF to L side, cross RF behind LF. Point LF to L side.
5,6,7,8. Step LF back, point RF to R side, rock back RF. Recover LF.

Section 2. Side hold, step together, side, touch, hip, hip, ¼ turn, hitch.

- 1,2. Step RF to R side, hold.
&,3,4. Step LF beside RF, step RF to R side, touch LF beside RF.
5,6,7,8. Step LF to L pushing L hip to L, push R hip to R side. ¼ L stepping LF forward, hitch RF.
****Restart here walls 3 and 7****

Section 3. Rock forward recover, back drag, ball change, walk, walk, kickball change.

- 1,2,3. Rock RF forward, recover weight to LF, step RF back.
&,4. Drag LF towards RF, transfer weight to LF.
5,6. Step RF forward, step LF forward.
7&8. Kick RF forward, step RF beside LF, step LF beside RF.

section 4. Step forward ½ pivot, knee pop, knee pop, v step.

- 1,2,3,4. Step RF forward, half pivot L transfer weight to LF, step RF forward as you pop L knee, step LF forward as you pop R knee.
5,6,7,8. Step RF forward 45°, step LF out 45°, step RF back to centre, step LF beside RF.

Notes

Restart 1 is wall 3 after 16 counts, at 3:00

Restart 2 is wall 7 after 16 counts at 9:00

Thank you so much for checking out our dance enjoy.