

Good Hoedown

Count: 48

Wall: 2

Level: Improver

Choreographer: Trent Duncan (AUS) & Chelsea Gillum (AUS) - June 2026

Music: Good Hoedown - The Cowgays, Adam Mac, Brooke Eden & Chris Housman

Tags: 1 **Restarts:** 1

16 Count Intro - Start on Lyrics

Shout out to Stephen Paterson for valuable feedback and support in creating this dance

[1-8] - Side Behind, Heel, Hold, Ball Cross, 1/4 Side Drag

1-2 Step R to R side, Step L behind R

&3-4 Step R to R side, Tap L Heel at 45 Fwd, Hold 1 Count

&5-6 Step L slightly back, Step R across in front of L, Turning 1/4 Turn R step L Back (3:00)

7-8 Step R to R side, Drag L towards R (keep weight on R)

[9-16] - Weave, Side Rock, Weave, 1/4 Step

1-4 Step L behind R, Step R to R side, Step L Across in Front of R, Step R to Side as you learn towards your R

5 Rock recover weight to L

6&7 Step R behind L (6), Step L to L side (&), Step R across in front of L (7)

8 Turning 1/4 Turn L Step L fwd (12:00)

***Restart here on Wall 3 - Facing 12:00**

[17-24] - 1/2 Toe Strut, Coaster Step, Walk RL, Hitch, Step Back

1-2 Turning 1/2 Turn over L - Step/Touch R toe Back, Drop heel down (6:00)

3&4 L Coaster Step - Step L back, Step R Beside L, Step L fwd

5-6 Walk Fwd R, Walk Fwd L

7-8 Hitch R knee Up (raising up slightly onto ball of L foot), Step Back R

[25-32] - Step Back, Heel R, Heel L, Heel R, Coaster Step, Full Turn Walk LR

1 Step Back L

2&3&4 Touch R Heel Fwd (2), Step back R (&), Touch L Heel Fwd (3), Step L Back (&), Touch R Heel Fwd (4)

5&6 R Coaster Step - Step R back, Step L Beside R, Step R Fwd

7-8 Turning 1 full turn over R Walk fwd L R

***Style Option - During Chorus when moving back with the heels you will hear the lyrics "3 Drinks in" - with each heel throw back a drink R L R hand**

[33-40] - Rock Recover, Rock Recover, Rock Recover, Shuffle Back

1-2& Step L fwd (1), Rock/Recover weight back to R (2), Step L Beside R (&)

3-4& Step R fwd (3), Rock/Recover weight Back to L (4), Step R beside L (&)

5-6 Step L fwd (5), Rock/Recover weight back to R (6)

7&8 Shuffle Back LRL - Step L back, Step R beside L, Step L Back

***Style Option - During Chorus when rocking fwd L, then R, then L you will hear the lyrics "I'm on a hell of a roll" - Roll your fists over each other while learning fwd into each rock**

[41-48] - Toe Strut, Toe Strut, Step R side Dip, Step L side Dip

1-2 Touch R toe Back, Drop R Heel (as you do this body roll back)

3-4 Touch L toe back, Drop L Heel (as you do this body roll back)

5-6 Step R to R Side as you dip down and up and Touch L Toe in place

7-8 Step L to L side as you dip down and up and touch R toe in place

END OF DANCE

TAG - During Wall 7, dance the first 16 counts - Add the following 4 counts. Then Restart the dance from the beginning

1-2 Step R Fwd, Step L to L Side

3-4 Roll hips around from L to R (counter clockwise)

It was a pleasure to choreograph this dance with Chelsea for the June Pride Month in Australia. We had a lot of fun watching the artists social media videos then in styling the steps we have called inspiration from their own videos and movements.

Have an amazing time on the floor dancing, and please tag both of us in your online videos

Tropical Boots Line Dancing - Trent

Gilly's Line Dancing - Chelsea