

# No Worries

---

Count: 32

Wall: 4

Level: Improver

Choreographer: Ebonie Kammholz (AUS) - March 2026

Music: I Ain't Worried About It - Zac Brown Band

---

## Intro 32 counts

### \*1 Tag, 1 Restart

#### Step, Point, Cross Samba, Step, Point, Cross Samba

- 1,2 Step right forward, point left toe to left side
- 3&4 Step left over right, rock right to right side and recover weight onto left
- 5,6 Step right forward, point left toe to left side
- 7&8 Step left over right, rock right to right side and recover weight onto left

#### Rock Forward, Recover, ½ R Shuffle, Step, Pivot ½ Turn R, Step, Pivot ½ Turn R

- 1,2 Rock forward on right, recover weight on left,
  - 3&4 make ½ turn right stepping right forward (6.00), close left together, step right forward
  - 5,6,7,8 Step forward on left, Pivot 1/2 right (12.00), Step forward on left, Pivot 1/2 right (6.00)
- (Optional hand movements counts 5,6,7,8, arms come up and around in front of the body)**

#### Rock Across, Recover, L Side Shuffle, Rock Across, R Side Shuffle

- 1,2 Rock left across right, recover weight onto right,
- 3&4 Step left to left side, close right beside left, step left to left side
- 5,6 Rock right across left, recover weight onto left,
- 7&8 Step right to right side, close left beside right, step right to right side\*

#### **\*Wall 8, TAG & Restart – 12.00\***

#### Cross, ¼ Heel Grind, Coaster Step, Step, Pivot ½ Turn L, Full Turn L

- 1,2 Step left across right, grinding the left heel around, make a ¼ left stepping back on right. (3.00)
- 3&4 Step left back, step right together, step left forward
- 5,6 Step forward on right, pivot ½ left (9.00)
- 7,8 Turn ½ turn stepping right back (3.00), turn ½ turn right stepping left forward (9.00).

#### **(Optional, take the full turn out and walk forward, right, left)**

### Start Again!

**TAG & RESTART – During wall 8, dance to count 22, change the right side shuffle to a ¼ shuffle right (12.00) Stomp L foot forward and hold for 5 counts while the music drops out.**

**Restart as the music starts back up.**