

ROLE MODEL

Choreographer: Maddison Glover (Feb 2026) (AUS)
Description: 48 Count, 4 Wall, High-Improver Line Dance
Music: Be Her (3.37) Artist: Ella Langley
Introduction: 16 Counts



Walk, Walk, Turning ¼ Samba, Forward, Ball/Change, Forward, Ball/Change

1,2,3 Walk R fwd, walk L fwd, step R fwd/ slightly across L
&4 Rock L out to L side, recover weight onto R as you make ¼ turn R (3:00)
5&6 Step L fwd, step R slightly behind L heel, recover weight into L
7&8 Step R fwd, step L slightly behind R heel, recover weight into R
Note: Counts 5-8 are not lock shuffles. They should only travel slightly forward. Add a slight 'bop' to the forward ball/changes with the body tilting slightly back.

Rock Forward, Recover, Large Step Back with Heel Drag, Coaster, Pivot ¼

1,2 Rock L fwd, recover weight back onto R
3,4 Take large step back on L as you drag R heel towards L, continue dragging R heel back
5&6 Step R back, step L together, step R fwd
7,8 Step L fwd, pivot ¼ turn R (6:00)

Cross, Hold, Side, Behind, Hold, Side, Cross Rock/ Recover, Side Shuffle

1,2&3,4 Cross L over R, hold, step R to R side, cross L behind R, hold
&5,6 Step R to R side, cross rock L over R, recover weight back onto R
7&8 Step L to L side, close R together, step L to L side

Cross, ¼ Back, Back, Touch (w. Click/ Look), Forward, ½ Back, ½ Shuffle Forward

1,2 Cross R over L, turn ¼ R stepping L back (9:00)
3,4 Step R back, touch L toe beside R
Option (Count 4): Open body R as you slightly bend both knees whilst clicking R hand at hip height and looking back over R shoulder towards 1:30.
5,6 Step L fwd (return upright), make ½ turn L stepping R back (3:00)
7&8 Turn ¼ L stepping L to L side (12:00), close R together, turn ¼ L stepping L fwd (9:00)

Rock Forward/ Recover, Coaster, Rock Forward/ Recover, Coaster Cross

1,2,3&4 Rock R fwd, recover weight back onto L, step R back, step L together, step R fwd (9:00)
5,6,7&8 Rock L fwd, recover weight back onto R, step L back, step R together, cross L over R

Side, Together, Lock Shuffle Forward, Rock Forward/ Recover, ½ Shuffle Forward

1,2,3&4 Step R out to R side, close L together, step R fwd, lock L behind R, step R fwd
5,6 Rock L fwd, recover weight back onto R
7&8 Make ½ turn L stepping L fwd (3:00), close R together, step L fwd

RESTART: Start wall 3 facing 6:00. Dance up to count 32 and restart the dance facing 3:00.

ENDING: During the 8th sequence; dance up to count 32 (12:00).

I'm a big believer of "BE YOURSELF & STAY TRUE TO YOURSELF" but it is also great to be surrounded by and/or to be influenced by other women to do better and be better.



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