I'm Good

Count: 32   **Wall:** 2   **Level:** Improver

Choreographer: Paula-jayne Ogilvie (AUS) - 29 January 2026

Music: I'm Good (From The Movie "GOAT") - Jelly Roll

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3 restarts
Dance starts after 16 counts.

Section 1. R kick step, point, L kick, step, point, step R, step L, hip bump L, twist RF in heel, toe, heel

1&2	kick RF forward (1), step RF beside LF (&), Point LF to L side (2).
3&4	kick LF forward (3), step LF beside RF(&), Point RF to R side(4).
5&6	step RF beside LF(5), step LF to L side (&), bump hip to L(6). (Feet should be shoulder width apart).
7&8	twist R foot towards LF heel(7), toe(&), heel(8).

Section 2. R side touch, L side touch, side together side touch, L side touch, R side touch, side together ¼ turn.

1&2&	step R to R side (1), touch LF beside RF (&), step LF to L side (2), touch RF beside LF (&).
3&4&	step RF to R side (3), step LF beside RF (&), step RF to R side (4), touch LF beside RF (&).
5&6&	step LF to L side (5), touch RF beside LF (&), step RF to R side (6), touch LF beside RF (&).
7&8	step LF to L side (7), step RF beside LF (&), ¼ L stepping LF forward (8)

Section 3. Step, lock, shuffle forward, rock recover ½ turn shuffle

1,2	step RF forward (1), lock LF behind RF bending R knee slightly (2).
3&4	step RF forward (3), step LF beside RF (&), step RF forward (4).
5,6	rock LF forward (5), recover weight to RF (6).
7&8	½ L stepping LF forward (7), step RF beside LF (&), step LF forward (8)

Section 4. Step lock, shuffle forward, forward touch, ¼ side touch, L coaster step.

1,2	step RF forward (1), lock LF behind RF bending R knee slightly (2).
3&4	step RF forward (3), step LF beside RF (&), step RF forward (4).
5&6&	step LF forward (5), touch RF beside LF (&), ¼ R stepping RF to R side (6), touch LF beside RF (&).
7&8	step LF back (7), step RF beside LF (&), step LF forward (8).

Notes
This dance has 3 restarts with step change on walls, 3,5 and 7 after 16 counts. Instead of turning ¼ turn touch RF beside L to restart
Restart 1 wall 3 at 12:00
Restart 2 wall 5 at 6:00
Restart 3 wall 7 at 12:00

Last Update: 28 Jan 2026