

Shake It For Me

Count: 32

Wall: 4

Level: Absolute Beginner

Choreographer: Paula-jayne Ogilvie (AUS) - November 2025

Music: Country Girl (Shake It for Me) - Luke Bryan

No tags or restarts

Start dance R foot slightly forward.

Section 1, tap R heel x4, L heel, R heel, L heel, hook, heel, together.

1,2,3,4 tap R heel 4 times, putting weight on RF on count 4.

5&6& touch L heel forward 45°, step LF beside RF, touch R heel forward 45°, step RF beside LF.

7&8& touch L heel forward 45°, hook L heel in front of R leg, touch L heel forward 45°, step LF beside RF

Section 2. Walk forward R, L, R, kick. Walk back L, R, L, touch.

1,2,3,4 walk forward, R, L, R. Kick LF forward.

5,6,7,8 walk back L, R, L, touch RF beside LF.

(Styling optional, on count 4 and 8 you can add a clap)

Section 3. V step, R side touch, L side touch.

1,2,3,4 step RF forward 45°, step LF forward 45°, step RF back to center, step LF beside RF.

5,6,7,8 step RF to R side, touch LF beside RF, step LF to L, touch RF beside LF

(styling optional, when doing side touches shimmey shoulders)

Section 4. Vine R touch, walk around $\frac{3}{4}$ L, R, L, R.

1,2,3,4 step RF to R side, step LF behind RF, step RF to R side, touch LF beside RF.

5,6,7,8 walk around $\frac{3}{4}$ turn L stepping L, R, L, R.

Ending wall 11 dance up till count 26 then walk around $\frac{1}{2}$ to 12:00 stepping L, R, L, R then complete first 8 counts of the dance to the front wall.