

Ring On It

Count: 32

Wall: 4

Level: Improver

Choreographer: Paula-jayne Ogilvie (AUS) - August 2025

Music: Ring On It - Kaylee Bell

*****3 restarts 1 tag.**

Dance starts 8 counts into dance before singing begins

Section 1. Side shuffle, Rock, recover, side shuffle Rock, recover.

1&2 step RF to R side, step LF beside RF, step RF to R side.
3,4 step LF back, recover weight RF.
5&6 step LF to L side, step RF beside LF, step LF to L side.
7,8 step RF back, recover weight to LF.

Section 2. Shuffle forward, ½ pivot, shuffle forward ¾ turn.

1&2 step RF forward, step LF beside RF, step RF forward.
3,4 step LF forward, ½ turn R putting weight on RF. 6:00
5&6 step LF forward, step RF beside LF, step LF forward,
7,8 ½ L stepping RF back, ¼ L stepping LF out to L side. 9:00

Section 3. Cross, hold, heel, hold, rock recover, coaster step.

1,2 cross RF over LF, hold
&3,4 step LF to L side, place R heel out 45° to right diagonal, hold
&5,6 step RF beside LF, step LF forward, recover weight to RF.
7&8 step LF back, step RF beside LF, step LF forward.

Section 4. Out, out, hold, hip, hip, step back drag, heel, heel.

&1,2 step RF forward to R diagonal, step LF out to L diagonal, hold.
3,4 bump hip to R side, hip bump to L side.
5,6 step RF back, drag LF towards RF placing weight on LF
7&8& step R heel forward, step RF beside LF, step L heel forward, step LF beside RF.

Notes

Restarts on walls 3, 7. Will be after 20 counts, you will touch your RF beside your L. This is quite quick before restarting the dance. Restart happens 3:00

Restart wall 5. You will restart the dance after 16 counts at 9:00

Tag end of wall 11 at 6:00,

Step touch, step touch, ball cross.

1,2, Step RF to R side, touch LF beside RF.
3,4 step LF to L side, touch RF beside LF.
&5 step RF to R side, cross LF over RF restart dance.

Last Update: 19 Aug 2025