



Loose Heel



48 count, 4 wall EASY INTERMEDIATE (Waltz) Line Dance

Song: 'Lucille' by Kenny Rogers (3:41)

Choreography by John Bishop, Melbourne, Australia (September 2025)

Wait 24 counts to start on vocals.

1 – 12: STEP FORWARD, SLOW KICK, BACK, ½ LEFT TURN; REPEAT

- 1,2,3,4 Step L fwd, kick R fwd for 2 counts, step R back *starting* ½ left turn
5,6 Step L fwd *completing* the turn, step R fwd [** restart on wall 6*] [6:00]
1,2,3,4 Step L fwd, kick R fwd for 2 counts, step R back *starting* ½ left turn
5,6 Step L fwd *completing* the turn, step R fwd [12:00]

13 - 24: FORWARD, SWEEP ¼ TURN, WEAVE, SIDE, DRAG FOR 2, SIDE, DRAG FOR 2

- 1,2,3 Step L fwd, sweep R around for 2 counts turning ¼ left on L [9:00]
4,5,6 Cross/step R over L, step L to side, cross/step R behind L (*+ loose heel on walls 5, 9, 10*)
1,2,3 Step L to side, drag R towards L for 2 counts
4,5,6 Step R to side, drag L towards R for 2 counts

25 – 36: BASIC ½ LEFT, BACK, SIDE, TOGETHER; FWD, SWEEP FOR 2, FWD, SWEEP FOR 2

- 1,2,3 Step L fwd *starting* ½ left turn, step R back *completing* the turn, step L next to R
4,5,6 Step R back, step L to side, step R next to L [3:00]
1,2,3 Step L fwd, sweep R around from back to front (anti-clockwise) for 2 counts
4,5,6 Step R fwd, sweep L around from back to front (clockwise) for 2 counts

37 – 48: CROSS, ½ TURN, FWD, FLICK, HOLD; DIAGONAL LOCK STEPS: LEFT THEN RIGHT

- 1,2,3 Cross/step L over R, step R back turning ¼ left, turn ¼ left and step L to side
4,5,6 Step R fwd, flick L back, hold/start bringing L fwd [9:00]
1,2,3 Step L fwd at 45°L, lock/step R behind L, step L fwd at 45°L
4,5,6 Step R fwd at 45°R, lock/step L behind R, step R fwd at 45°R

At the end of wall 2 and + after count 18 on walls 5, 9 and 10 do a 3 count tag: ('loose heel') and continue with the dance (from count 19 on walls 5, 9 and 10)

1,2,3 + *Keeping weight on R*: bounce L heel 3 times (keep L foot free)

At the end of walls 4, 5, 8 and 9 do the following 6 count tag:

- 1,2,3 Step L fwd & slightly across R, point R to side, hold
4,5,6 Step R back & slightly behind L, point L to side, hold

* On wall 6 RESTART after first 6 counts of the dance to 3:00

LAST WALL is wall 10 (starts facing 6:00). To end the dance, dance up to and including count 38. On count 39 turn ½ left to face front. Count 40 step R to side. Counts 41 and 42 drag ball of L towards R for 2 counts. Count 43 (on the word 'heel') bring L next to R and drop L heel popping R knee fwd