

RUN THROUGH THE MILKY WAY

SONG: "RUN" by DUNCAN TOOMBS.

ALBUM: "STEEL ON STEEL"

LEVEL: EASY INTERMEDIATE

ORIGINAL POSITION: FEET TOGETHER WEIGHT ON THE LEFT FOOT.

CHOREOGRAPHER: KEITH DAVIES & GORDON ELLIOTT. AUST. March 2025

BEATS	STEPS: This dance is done in FOUR directions. Introduction : 32 Beats
1, 2 3 & 4 5, 6 7 & 8	<p>FORWARD, FORWARD, SHUFFLE FORWARD, FORWARD, ROCK, 1/2 SHUFFLE FORWARD STEP R FORWARD, STEP L FORWARD, SHUFFLE FORWARD STEP : R-L-R, STEP L FORWARD, ROCK BACK ONTO R, TURN 180° LEFT SHUFFLE FORWARD STEP : L-R-L (6.00)</p>
1, 2 3 & 4 5, 6 7 & 8	<p>1/4 SIDE, DIP BEHIND, SIDE SHUFFLE, ACROSS, ROCK, SIDE SHUFFLE TURN 90° LEFT STEP R TO THE SIDE, DIPPING DOWN STEP L BEHIND RIGHT, (3.00) SIDE SHUFFLE TO THE RIGHT STEP : R-L-R, STEP L ACROSS IN FRONT OF RIGHT, ROCK BACK ONTO RIGHT, SIDE SHUFFLE TO THE LEFT STEP : L-R-L. (3.00)</p>
1, 2 3 & 4 5, 6 7 & 8	<p>ACROSS, SIDE, BEHIND-SIDE-ACROSS, 1/4 BACK, BACK, COASTER STEP STEP R ACROSS IN FRONT OF LEFT, STEP L TO THE SIDE, STEP R BEHIND LEFT, STEP L TO THE SIDE, STEP R ACROSS IN FRONT OF LEFT, TURN 90° RIGHT STEP L BACK, STEP R BACK, (6.00) COASTER : STEP L BACK, STEP R TOGETHER, STEP L FORWARD. (6.00)</p>
1 & 2 3 & 4 5, 6 7, 8 ##	<p>1/2 SHUFFLE BACK, 1/2 SHUFFLE FORWARD, PADDLE TURN, PADDLE TURN TURN 180° LEFT SHUFFLE BACK STEP : R-L-R, (12.00) TURN 180° LEFT SHUFFLE FORWARD STEP : L-R-L, (6.00) PADDLE : STEP R FORWARD, TURN 90° LEFT TAKE WEIGHT ONTO L, (3.00) PADDLE : STEP R FORWARD, TURN 90° LEFT TAKE WEIGHT ONTO L. (12.00)</p>
1, 2 3 & 4 5, 6 7 & 8	<p>ACROSS, SIDE, SAILOR STEP, ACROSS, SIDE, 1/4 SAILOR STEP R ACROSS IN FRONT OF LEFT, STEP L TO THE SIDE, SAILOR : STEP R BEHIND LEFT, STEP L TO THE SIDE, STEP R TO THE SIDE, STEP L ACROSS IN FRONT OF RIGHT, STEP R TO THE SIDE, TURN 90° LEFT SAILOR STEP : L-R-L. (9.00)</p>
1, 2 3 & 4 5 & 6 7, 8 ^^	<p>PIVOT TURN, 1/2 BACK-LOCK-BACK, BACK-LOCK-BACK, BACK, ROCK PIVOT : STEP R FORWARD, TURN 180° LEFT TAKE WEIGHT ONTO L, (3.00) TURN 180° LEFT STEP R BACK, LOCK L ACROSS IN FRONT OF RIGHT, STEP R BACK,(9.00) STEP L BACK, LOCK R ACROSS IN FRONT OF LEFT, STEP L BACK, STEP R BACK, ROCK FORWARD ONTO L. (9.00)</p>
1, 2 3 & 4 5, 6 7, 8 #	<p>FORWARD, FORWARD, KICK BALL CROSS, SIDE, ROCK, BACK, ROCK STEP R FORWARD, STEP L FORWARD, KICK R FORWARD, STEP R TOGETHER, STEP L ACROSS IN FRONT OF RIGHT, STEP R TO THE SIDE, SIDE ROCK ONTO L, STEP R BACK, ROCK FORWARD ONTO L. (9.00)</p>
1, 2 3 & 4 5, 6 7 & 8	<p>1/4 BACK, 1/4 FORWARD, SHUFFLE FORWARD, FORWARD ROCK, COASTER STEP TURN 90° LEFT STEP R BACK, TURN 90° LEFT STEP L FORWARD, (3.00) SHUFFLE FORWARD STEP : R-L-R, STEP L FORWARD, ROCK BACK ONTO R, COASTER : STEP L BACK, STEP R TOGETHER, STEP L FORWARD. (3.00)</p>
64	REPEAT THE DANCE IN NEW DIRECTION
	<p>RESTART 1 : On WALL 2 dance to BEAT 56 (#) & RESTART facing the FRONT. RESTART 2 : On WALL 5 dance to BEAT 32 (##) & RESTART facing the BACK. ENDING : On WALL 7 dance to BEAT 48 (^^) then ADD A PIVOT TURN TO FACE THE FRONT.</p>

