

I REALISE

SONG: "COMES AND GOES" by VICTOR CRONE.
ALBUM: "COMES AND GOES" (Single) **LEVEL:** IMPROVER
ORIGINAL POSITION: FEET TOGETHER WEIGHT ON THE LEFT FOOT.
CHOREOGRAPHER: LINDA PINK & GORDON ELLIOTT. AUSTRALIA. March 2025

BEATS	STEPS: This dance is done in FOUR directions. INTRO: 24 Beats
1, 2 3 & 4 5, 6 7 & 8	<p>FORWARD, ROCK, SHUFFLE BACK, BACK, BACK, COASTER STEP STEP R FORWARD, ROCK BACK ONTO L, (6.00) SHUFFLE BACK STEP : R-L-R, (12.00) STEP L BACK, STEP R BACK, COASTER : STEP L BACK, STEP R TOGETHER, STEP L FORWARD. (12.00)</p>
1, 2 & 3, 4 & 5, 6 & 7, 8	<p>DOROTHY & DOROTHY & FORWARD, ROCK & PADDLE TURN STEP R FORWARD AT 45° RIGHT, LOCK L BEHIND RIGHT, STEP R BACK STEP L FORWARD AT 45° LEFT, LOCK R BEHIND LEFT, STEP L BACK, STEP R FORWARD, ROCK BACK ONTO L, STEP R TOGETHER, PADDLE : STEP L FORWARD, TURN 90° RIGHT TAKE WEIGHT ONTO R. (3.00)</p>
1, 2 3 & 4 5 & 6 & 7 & 8	<p>ACROSS, 1/4 BACK, 1/4 SIDE SHUFFLE, VAUDEVILLE & SHUFFLE ACROSS STEP L ACROSS IN FRONT OF RIGHT, TURN 90° LEFT STEP R BACK, (12.00) TURN 90° LEFT SIDE SHUFFLE TO THE LEFT STEP : L-R-L, (9.00) STEP R ACROSS IN FRONT OF LEFT, STEP L TO THE SIDE, TOUCH R HEEL FORWARD AT 45° RIGHT, STEP R BACK, SHUFFLE LEFT ACROSS IN FRONT OF RIGHT STEP : L-R-L. (9.00)</p>
1, 2 & 3, 4 5 & 6 7, 8 **	<p>SIDE, ROCK & SIDE, ROCK, SAILOR FORWARD, PIVOT TURN STEP R TO THE SIDE, SIDE ROCK ONTO L, STEP R TOGETHER, STEP L TO THE SIDE, SIDE ROCK ONTO R, SAILOR : STEP L BEHIND RIGHT, STEP R TO THE SIDE, STEP L FORWARD, PIVOT : STEP R FORWARD, TURN 180° LEFT TAKE WEIGHT ONTO L. (3.00)</p>
32	REPEAT THE DANCE IN NEW DIRECTION
1, 2 3, 4 5, 6 7, 8	<p>TAGS : At the END (**) of WALL 1 (3.00), WALL 2 (6.00) & WALL 3 (9.00) ADD the following tag 'V' STEP : STEP R FORWARD AT 45° RIGHT, STEP L FORWARD AT 45° LEFT, STEP R BACK TO THE CENTRE, STEP L TOGETHER, ROCKING CHAIR : STEP R FORWARD, ROCK BACK ONTO L, STEP R BACK, ROCK FORWARD ONTO L.</p>

