

Fooled Around

Choreographer: Joshua Talbot (Aus) & Stephen Paterson (October 2024)
Music: Fooled Around and Fell in Love – Miranda Lambert
(Ft Maren Morris, Elle King, Ashley McBryde, Tanille Townes & Caylee Hammack)
Level: Intermediate: 4 Wall
Counts: 32 Rolling Count **Extras:** 1 restart (see below)
Intro: 16 count intro

Sec 1: BACK SWEEP, BEHIND, SIDE, CROSS SWEEP, CROSS, SIDE, 1/8 BACK, BACK, TOGETHER, POINT, POINT, TOGETHER

1 Step L back sweeping R back
2a3 Step R behind L, step L to L, cross R over L sweep L forward
4a5 Cross L over R, step R to R, 1/8 L step L back (10.30)
6a Step R back, step L together
7a8a Point R toe fwd, step R together, point L toe fwd, step L together

Sec 2: ROCK FWD, RECOVER, TOGETHER, BACK DRAG, BACK, 3/8 POINT, HOLD, 1/2 POINT, POINT

1, 2a Rock R fwd, recover weight L, step R together
3 Step L back dragging R
4a5, 6 Step R back, 3/8 turn L step onto L, point R to R side, Hold (6.00)
a7a8 1/2 R Step on R, point L to L side, step L together, point R to R side (12.00)

Sec 3: R CROSS WEAVE, 1/8 FWD, TOGETHER, BACK, TOGETHER, BACK DRAG, SERPENTINE WEAVE, 1/4 FWD

1a2a Cross R over L, step L to L, step R behind L, step L to L
3a4a 1/8 L Step R fwd, step L together, step R back, step L together (10.30)
5, 6 Step R back dragging L, step L back
a7a8 1/4 R step R together, step L forward, 1/4 L step R together, step L back
a* 3/8 R step R fwd* (Restart here by adding 1/2 turn R as you go into count 1) (3.00)

Sec 4: 1/2 PIVOT, 1/2 TOGETHER, BACK DRAG, BACK, 1/2 FWD, 1/4 SIDE, BEHIND, SIDE, CROSS ROCK, RECOVER, 1/4 FWD (+ 1/2 R TO START AGAIN ON COUNT ONE)

1, 2a Step L fwd, 1/2 R taking weight R, 1/2 R step L together (3.00)
3 Step R back dragging L
4a5 Step L back, 1/2 R step R fwd, 1/4 R step L to L dragging R (12.00)
6a7, 8 Step R behind L, step L to L, cross rock R over L, recover weight L
a, (1) 1/4 R stepping onto R, (1/2 R step back on L) (9.00)
(The last 1/2 R stepping back in this section is the official first count from wall 2 onwards)

32

Restart: Wall 6* – Dance to count 24a then restart by adding 1/2 R just before you step back L (like the ending of the dance)

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Demos and Tutorials can be found on the website above, on all good step sheet sites & YouTube