

# Breathe

Count: 32

Wall: 2

Level: Intermediate NC2S



Choreographer: Simon Ward (AUS) - February 2024

Music: Breathe - Faith Hill : (Album: Breathe)

**Notes: Dance starts on lyrics approx. 14secs, Restart on Wall 4 after count 24**

**Ending: Finish on count 4& facing front wall stepping right to right side raising right arm slowly up and down**

**[1-8] R basic, L Basic, ½ turn L, 1/8 turn L, Run fwd L,R, Rock L fwd, Run back R,L**

1-2& Step R to right side, Rock/step L behind right, Recover weight onto R **12.00**

3-4& Step L to left side, Rock/step R behind left, Recover weight onto L **12.00**

5 Step R to right side making a ½ turn left lifting left foot off the ground,

6& Make a further 1/8 turn left & step L forward, Step R forward **4.30**

7-8& Rock/lunge L forward (extend right arm forward for styling), Step R back, Step L back **4.30**

**[9-16] R back & L sweep, L behind R, R side, Cross/rock L, Recover R, ¾ turn L sweeping L, L behind R, R side, L rocking chair**

1-2& Step R back sweeping left back, Step L behind right, Make a 1/8 turn right & step R to right side **6.00**

3-4& Cross/rock L over right, Recover weight back onto R, Step L forward turning ¼ turn left **3.00**

5-6& Step R beside left turning ½ turn left sweeping left back, Step L behind right, Step R to right side **9.00**

7&8& Cross/rock L over right, Recover weight back onto R, Rock/step L to left side, Recover weight onto R

**(Treat this section more like a push, no bouncing in the rock/steps) 9.00**

**[17-24] L behind R & sweep, R behind L, 1/8 L, R fwd turning ½ L, Fwd L,R, L fwd turning ½ R, Full turn R, R fwd & sweep, L fwd & hitch R**

1-2& Step L behind right sweeping right back, Step R behind left, Step L forward turning 1/8 turn left **7.30**

3 Step R forward & turn a ½ turn left slowly keeping weight onto right **1.30**

4& Step L forward, Step R forward **1.30**

5 Step L forward & turn a ½ turn right slowly keeping weight onto left **7.30**

6& Step R forward, ½ turn right stepping L back (traveling slightly forward) **1.30**

7 ½ turn right stepping R forward & sweep left forward **7.30**

8 Step L forward & hitch right knee forward whilst lifting up on ball of left foot

**\*\*RESTART on WALL 4\*\* – Hitch right knee on count 24 turning to front wall to start again.**

**[25-32] R back sweep L, L behind R, 3/8 turn R, L fwd turning ½ R, Fwd R,L, R fwd coaster step, L back & sweep, Rock/recover**

1-2& Step R back sweeping left back, Step L behind right, Step R forward turning 3/8 turn right **12.00**

3-4& Step L forward turning a ½ turn right slowly keeping weight onto left, Step R forward, Step L forward **6.00**

5&6 Step R forward, Step L beside right, Step R back sweeping left back **6.00**

7-8& Step L back sweeping right back, Rock/step R behind left, Cross/step L over right **6.00**

**RESTART**

Original step sheet available on “Simon Ward Linedance” Facebook Page