

# BACK IN MY ARMS AGAIN

**SONG:** "BACK IN MY ARMS AGAIN" by DIANA ROSS & THE SUPREMES.  
**ALBUM:** "DIANA ROSS & THE SUPREMES" **LEVEL:** BEGINNER  
**ORIGINAL POSITION:** FEET TOGETHER WEIGHT ON THE LEFT FOOT.  
**CHOREOGRAPHER:** GORDON ELLIOTT. Sydney. NSW. AUSTRALIA. January 2024

BEATS	STEPS: This dance is done in FOUR directions. Introduction : 16 Beats
1, 2 3, 4 5, 6 7, 8	<p><b>VINE RIGHT &amp; TOUCH, ROCKING CHAIR</b></p> <p>VINE : STEP R TO THE SIDE, STEP L BEHIND RIGHT,  STEP R TO THE SIDE, TOUCH L TOE TOGETHER,  ROCKING CHAIR : STEP L FORWARD, ROCK BACK ONTO R,  STEP L BACK, ROCK FORWARD ONTO R. (12.00)</p>
1, 2 3, 4 5, 6 7, 8	<p><b>VINE LEFT 1/4 TURN &amp; SCUFF TOE STRUT, TOE STRUT</b></p> <p>VINE : STEP L TO THE SIDE, STEP R BEHIND LEFT,  TURN 90° LEFT STEP L FORWARD, SCUFF R FORWARD, (9.00)  STRUT : STEP R TOE FORWARD, DROP R HEEL TO THE FLOOR,  STRUT : STEP L TOE FORWARD, DROP L HEEL TO THE FLOOR. (9.00)</p>
1, 2 3, 4 5, 6 7, 8	<p><b>MAMBO FORWARD, HOLD MAMBO BACK, HOLD</b></p> <p>STEP R FORWARD, ROCK BACK ONTO L,  STEP R BACK, HOLD,  STEP L BACK, ROCK FORWARD ONTO R,  STEP L FORWARD, HOLD. (9.00)</p>
1, 2 3, 4 5, 6 7, 8	<p><b>PADDLE TURN, PADDLE TURN, "V" STEP</b></p> <p>PADDLE : STEP R FORWARD, TURN 90° LEFT TAKE WEIGHT ONTO L, (6.00)  PADDLE : STEP R FORWARD, TURN 90° LEFT TAKE WEIGHT ONTO L, (3.00)  "V" STEP : STEP R FORWARD AT 45° RIGHT, STEP L FORWARD AT 45° LEFT,  STEP R BACK TO THE CENTRE, STEP L TOGETHER. (3.00)</p>
32	REPEAT THE DANCE IN NEW DIRECTION

