



## WORDS STILL HURT ME [AB]

Choreographer: **Wanda Heldt - Perth WA - Perth June 2023**

Music: **Words** Mickey Guyton - Lovely lyrics, but sad.

why people feel they need to be Mean or think they better then others.

2 Wall - 16 Count - Absolute Beginner Line dance

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Split floor with

[Words Still Hurt Fred Whitehouse - Beginners & Guests - Never let out :-\)](#)

### PRISSY WALK FORWARD R.L. FORWARD RIGHT MAMBO, SWEEP BACK L.R. BACK COASTER

1-2 Walk forward crossing Right over Left, Walk forward crossing Left over Right.

3&4 Right forward Mambo

5-6 Sweep back on Left and Right

7&8 Back Left Coaster Step

[Restart here on Wall 5 & Wall 12 at \[12:00\] or dance Through....](#)

### SLIGHT TURN TO RIGHT - SHUFFLE FORWARD R.L.R.

1/4 TURN LEFT SHUFFLE FORWARD L.R.L.

ROCK RIGHT FORWARD 1/4 TURN LEFT, RECOVER ON LEFT, CROSS RIGHT OVER LEFT

LEFT SIDE ROCK, RECOVER ON RIGHT, CROSS LEFT OVER RIGHT

1&2 Slight turn to Right Angel Shuffle forward Right, Left, Right

3&4 Left 1/4 turn Left, Shuffle forward Left, Right, Left **[9:00]**

5&6 Rock forward on Right 1/4 turn Left Recover on Left, Cross Right over Left **[6:00]**

7&8 Rock Left to Left, Recover on Right, Cross Left over Right.

**Restart dance.....**

### HAVE FUN IN LIFE & IN DANCE

**Sad Lovely lyrics**, *It's Sad how some people feel they need to be Mean & Unkind or think they better than others.*

*Words do hurt ! but Stay Strong and keep Smiling and don't show it.*



Wanda Heldt Youtube channel / Silver Star Wanda'ers / AB&BEG.Only

LYRCS next Page.....

## WORDS

### Lyrics of the song by Micky Guyton

I'm not skinny enough  
I'm not pretty enough  
Feels like the world's on my back

They don't like the songs that I sing  
And the man who gave me my ring  
May even hate that I'm black

It's so much pressure feeling like I gotta smile  
and let it go  
To keep it all to myself and never let it show

Yeah, I am strong but I still cry  
There's still darkness in my light  
There's some days I just can't do it  
Oh, what can I say?  
I'm only human

And there's still lies in, in my truth  
Sometimes I ain't bulletproof  
Sticks and stones will never break my bones,  
but Words still hurt me

Sometimes they lift you up  
Just to pull you back down  
And they fill you with doubt

They can tear you apart  
Fix up your broken heart  
Pick you up off the ground

It's so much pressure feeling like I gotta smile  
and let it go  
To keep it all to myself and never let it show

Yeah, I am strong but I still cry  
There's still darkness in my light  
There's some days I just can't do it  
What can I say?  
I'm only human

There's still lies in, in my truth  
Sometimes I ain't bulletproof, oh  
Sticks and stones will never break my bones,  
but Words still hurt me

If we can love a little more  
Hate a little less  
Love a little more

If we could love a little more (Hate a little less)  
Hate a little less  
That we could love a little more, love a little more  
Yeah, oh

Yeah, I am strong but I still cry  
There's still darkness in my light  
There's some days I just can't do it  
Oh, what can I say?  
I'm only human

There's still lies in, in my truth  
Sometimes, I ain't bulletproof, oh  
Sticks and stones will never break my bones, but  
Words still hurt me  
Words still hurt me