

QLDA CUP CHALLENGE INFORMATION SHEET

1. The music you have chosen must be provided to QLDA by cob **Friday 7 July 2023**. Further details regarding this will follow once entries have closed.
2. I have provided you with both a Pdf and Word Document of the Step Sheet. The steps of this dance fall into the Improver Category.
3. You may use the Word Document to enter the information that is required (as listed below). Please do not change any of Joy's actual written steps. Any Tags, Bridges or Restarts can be entered at the bottom. If it is easier for you to print this sheet and just write this information onto it, then please do so.
4. Tags/Bridges/Restarts
 - a. Tags and/or Bridges – these must be your own steps.
 - b. Restarts – as per the phrasing of the music.
5. You must provide **4 x Copies** of your completed Dance Sheet to Jo Rosenblatt on Saturday Morning before the competition starts.
6. The following details must be entered on the dance sheet. (They have been highlighted in yellow on the Step Sheet.)
 - a. Name of the Dance
 - b. Music Chosen
 - c. Artist
 - d. Introduction – length of Introduction (eg How many beats etc)
 - e. Name of person/group who has decided on this music.
 - f. Name of person/people dancing the dance for the Judges.
 - g. Tags, Bridges, Restarts (if applicable) must be entered at the bottom of the Dance Sheet.
7. There can be any number of dancers on the floor to perform this dance with you.
8. There must be no added styling for 2 Walls.

The entry will be judged on the following criteria:

- **STEP SHEET REQUIREMENTS**
- **MUSIC APPROPRIATE TO THE STIPULATED LEVEL**
- **SUITABILITY OF STEPS TO CHOSEN MUSIC**
- **PERFORMANCE**
- **VISUAL APPEAL**

Good luck everyone.

Cheers

Jo Rosenblatt

QLDA President