

HOLD ME NOW & STAY [AB]

Choreographed by :-

Wanda Heldt & Linda Morris - Perth W.A. - **May 2023**

Music **Hold Me Now** (Dance Version) - Johnny Logan

Directions:- 32 Count - 2 wall - Absolute Beginner Line dance

2 Tags: End of Wall 4 [8 Counts] & End of Wall 8 [4 Counts]

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[1] RIGHT TOE, HEEL to RIGHT SIDE, LEFT TOE, HEEL to LEFT SIDE STEP BACK on RIGHT, POINT LEFT to SIDE, STEP FORWARD on LEFT, POINT RIGHT TOE to SIDE

1-2 Touch Right toe forward, Place Weight on Right heel

3-4 Touch Left toe, Place Weight on Left heel

5-6 Step back on Right, Point Left toe to side

7-8 Step Left forward, Point Right toe to side

[2] RIGHT CROSS, RECOVER, RIGHT, SIDE, HOLD, LEFT CROSS, RECOVER, SIDE, HOLD

1-4 Cross Right over Left, Recover on Left, Step Right to Right side, Hold

5-8 Step Left across Right, Recover on Right, Step Left to Left side, Hold

[3] 2 X PADDLE TURN LEFT, RIGHT ROCKING CHAIR

1-2 Step forward on Right, 1/4 turn Left [*Wt. on Left*] **[9:00]**

3-4 Step forward on Right, 1/4 turn Left [*Wt. on Left*] **[6:00]**

5-8 Rock forward on Right, Recover on Left, Rock back on Right, Recover on Left

[4] BOX STEP [SIDE, TOGETHER, FORWARD, HOLD]

1-4 Step Right to Right side, Step Left next to Right, Step forward on Right, Hold **[6]**

5-8 Step Left to Left side, Step Right next Left, Step forward on Left Hold

1st Tag:- K. STEP - END of Wall 4 {8} Counts. [12]

1-2 Step forward Right diagonal, Touch Left beside Right.

3 4 Step back to Left diagonal, Touch Right beside Left.

5 6 Step to Right diagonal, Touch Left beside Right.

7 8 Step forward to Left diagonal, Touch Right beside Left.

STEP, TOUCH, STEP TOUCH End Of Wall 8 [4 Counts] [12]

1-2 Step Right to Right side. Touch/Slide Left next to Right

3-4 Step Left to Left side, Touch/Slide Right next to Left

Restart dance..... HAVE FUN IN LIFE & IN DANCE