

Straight From The Heart

Choreographed by Travis Taylor

Music: Straight From The Heart by Rudimental & Norscov

Dance Description: 64 Counts, 2 Walls, Intermediate Level Line Dance



INTRO: 36 Counts

SIDE CROSS/REPLACE – ROCK & BEHIND – SIDE – CROSS SAMBA

1-2-3 Step R to R side, Cross Rock L over R, Replace weight on R
4&5-6 Rock L to L side, Replace weight on R, Step L behind R, Step R to R side
7&8 Cross L over R, Rock R to R side, Replace weight on L

CROSS – 1/4 BACK – 1/4 SIDE DRAG/HOLD - & 1/4 FWD – 1/2 R BACK – R COASTER STEP

1-2 Cross R over L, 1/4 R Stepping L back
3-4& 1/4 R Stepping R to R side dragging L towards R, Hold, Step L together
5-6 1/4 R Stepping R fwd, 1/2 R Stepping L back
7&8 Step R back, Step L together, Step R fwd

L DOROTHY & R DOROTHY & FWD ROCK – SHUFFLE BACK

1-2& Step L fwd on L 45, Lock R behind L, Step L on L 45
3-4& Step R fwd on R 45, Lock L behind R, Step R on R 45
5-6 Rock L fwd, Replace weight on R
7&8 Step L back, Step R together, Step L back

BACK ROCK – 1/2 BACK – 1/4 SIDE – JAZZ BOX 1/8 R

1-2 Rock R back, Replace weight on L
3-4 1/2 L Stepping R back, 1/4 L Stepping L to L side
5-8 Cross R over L, Step L back, 1/8 R Step R to R side, Step L fwd

STEP LOCK STEP - ROCK & CROSS – 1/2 L SIDE SHUFFLE

1-2-3 Step R fwd, Lock/Tuck L behind R popping R knee, Step R fwd
4&5-6 1/8 R Stepping L to L side, Step R together, Cross L over R, 1/4 L Step R back
7&8 1/4 L Step L to L side, Step R together, Step L to L side

CROSS ROCK – 3/4 R TURN – STEP BACK/DRAG – COASTER STEP

1-2 Cross Rock R over L, Replace weight on L
3-4 1/4 R Stepping R fwd, 1/2 R Stepping L back
5-6 Long Step R back dragging L towards R, Hold
7&8 Step L back, Step R together, Step L fwd

STEP FWD ROCK - BACK LOCK BACK - ROCK BACK/REPLACE - STEP 1/2 L

1-2-3 Step R fwd, Rock L fwd, Replace weight on R
4&5 Step L back, Lock R over L, Step L back
6-7 Rock R back, Replace weight on L
8-1 Step R fwd, 1/2 L Pivot weight on L

ROCK FWD/REPLACE - BACK LOCK BACK - ROCK BACK/REPLACE – SIDE

2-3 Rock R fwd, Replace weight on L
4&5 Step R back, Lock L over R, Step R back
6-7 Rock L back, Replace weight on L
8-1 Step Rock L to L side – Replace weight on Count 1 as you start again