



Release

for Willow

Bonus Sheet
with ending
added 19/01/22
for QLDC.

Choreographer: Jo Rosenblatt, Brisbane (QLD), September 2021

Song: "Release" (available on itunes) **Track:** 3:24 **Artist:** Willow

Description: 80 Count, 2 Walls, 2 Restarts **Level:** Intermediate

Start: 32 Count intro, Weight on left

- Section 1** **Forward, Rock, ½ Turn Shuffle, Forward, Rock, Coaster**
1 2 3&4 Step R forward, Rock back on L, Turn 180° right shuffle forward RLR (6)
5 6 7&8 Step L forward, Rock back on R, Step L back, Step R beside left, Step L forward
- Section 2** **Forward, Hold, Together, Walk, Walk, Rocking Chair**
1 2&3 4 Step R forward, Hold, Step L beside right, Walk R forward, Walk L forward
5 6 7 8 *** Step R forward, Rock back on L, Step R back, Rock forward on L ***
- Section 3** **Pivot Turn, Heel-Ball-Step, Paddle, Heel-Ball-Step**
1 2 3&4 Step R fwd, Turn 180° left step L fwd, Touch R heel fwd, Step R beside left, Step L fwd (12)
5 6 7&8 Step R fwd, Turn 90° left step L to side, Touch R heel fwd, Step R beside left, Step L fwd (9)
- Section 4** **¼ Jazz, ¼ Jazz with Cross**
1 2 3 4 Cross R over left, Step L back, Turn 90° right step R to side, Step L forward (12)
5 6 7 8 Cross R over left, Step L back, Turn 90° right step R to side, Step L across right (3)
- Section 5** **Side, Rock, Behind, Side, Rock, Behind, ¼ Forward, Forward (6)**
1 2 3 4 Step R to right, Rock/Recover onto L, Step R behind left, Step L to left
5 6 7 8 Rock/Recover onto R, Step L behind right, Turn 90° right step R forward, Step L forward (6)
- Section 6** **Forward, Point, Back, Point, Cross, Side, Behind, Sweep**
1 2 3 4 Step R forward, Point L toe to left, Step L back, Point R toe to right
5 6 7 8 Cross R over left, Step L to left, Step R behind left, Sweep L around from front to back
- Section 7** **Behind, Side, Cross, Sweep, Cross, ¼ Back, Back, Rock**
1 2 3 4 Step L behind right, Step R to right, Cross L over right, Sweep R around from back to front
5 6 7 8 Cross R over left, Turn 90° right step L back, Step R back, Rock forward onto L (9)
- Section 8** **Side, Hold, Together, Side, Tap, Side, Hold, Together, Side, Tap**
1 2&3 4 Step R to right, Hold, Step L beside right, Step R to right, Tap L beside right
5 6&7 8 Step L to left, Hold, Step R beside left, Step L to left, Tap R beside left
- Section 9** **Cross, Rock, Side, Rock, Back, Rock, Step, Paddle**
1 2 3 4 Cross R over left, Rock/Recover onto L, Step R to right, Rock/Recover onto L
5 6 7 8 Step R back behind left, Rock/Recover onto L, Step R fwd, Turn 90° left step L to side (6)
- Section 10** **Cross, Rock, Side, Rock, Back, Rock, Full Turn Forward**
1 2 3 4 ## Cross R over left, Rock/Recover onto L, Step R to right, Rock/Recover onto L ##
5 6 7 8 Step R back, Rock/Recover onto L, Turn 180° left step R back, Turn 180° left step L fwd (6)

RESTARTS **WALL 3:** Restart the dance at the back wall after Count 16 ***.

WALL 4: Restart the dance at the front wall after Count 76 ##.

Enjoy!!!!

The music slows at the end so just slow down with the music to finish the dance at the front wall by stepping your L forward and dragging your R towards your left. The dance finishes before the drum solo.

This dance is dedicated to Willow - for finally realizing his dreams.

Yahoo my friend!!! It was worth the wait!!!

