



I AM WOMAN

Count: 32

Walls: 2

Level: Intermediate

Choreographer: Margaret Stuckey (AUS) January 2021

Music: I Am Woman – Helen Reddy – I Am Woman The Definitive Collection - 16 count intro

Section 1: R DOROTHY, L DOROTHY, R FWD, ROCK BACK L, ½ R FWD, HOLD

12&, 34& Step R 45 right, lock L behind R, step R 45 right, repeat on L
5-6, 7-8 Step R FWD (12.00), rock back L, ½ turn right step R FWD, hold (6.00)

Section 2: L TOG, WALK FWD R – L, FWD R COASTER STEP, WALK BACK, L COASTER STEP

&1-2, 3&4 Step L tog (&), walk FWD R – L, FWD coaster step R-L-R
5-6, 7&8 Walk back L – R, coaster step back L-R-L

Section 3: SIDE SAMBA R, SIDE SAMBA L, R FWD, ROCK L IN PLACE, 1 ½ TURN TRIPLE

1&2, 3&4 Rock R to right side, rock L in place, cross R over L, repeat on L
5-6, 7&8 Step R FWD, rock L in place, 1 ½ triple turn right stepping R-L-R (or ½ shuffle) (12.00)
Tag: Walls 2, 4 and 6 change section 4

Section 4: L TOG, R FWD, ¼ PADDLE TURN L, CROSS R, HOLD, BALL STEP, CROSS R, ¼ TURN L FWD, BACK R, DRAG L, TOG

&1-2, 3-4 Step L tog (&), step R FWD, ¼ paddle turn left wt L, cross R over L, Hold
&5-6, 7-8& Ball step L, cross R over L, ¼ turn left step L FWD, rock back on R, drag L, step L tog (&)

NOTE: This dance has 3 tags, 2nd, 4th and 6th walls, changes to Section 4:

Section 4: STEP L TOG, STEP ¼ TURN HOLD x 2, CROSS, SIDE, WEAVE, SIDE, ROCK, WEAVE, FWD ROCK, COASTER, TOG

&1-4 Step L tog (&), Step R FWD, hold, ¼ paddle turn wt L, hold arms in strong flexed position
5-8 Step R FWD, hold, ¼ paddle turn wt L, hold sweep arms out to sides
1-2, 3&4 Cross R over L, step L to left side, step R behind L, step L to left side cross R over L
5-6, 7&8 Step L to left side, rock R in place, step L behind R, step R to right side, cross L over R
1-2, 3&4& Step R FWD, rock L in place, coaster step R-L-R, step L tog (&)
Ending: Dance the first 8 counts (Section 1), the dance will finish facing front wall, enjoy! 😊