

C'EST LA VIE-Z



Choreographed by Travis Taylor (April 2020)

Music: C'est La Vie by Chely Wright

Dance Description: 32 Counts, 4 Walls, Beginner Level Line Dance

Intro: 24 Counts

LOCK FWD R W/ SCUFF – LOCK FWD L W/ TOUCH

1-4 Step R fwd, Lock L behind R, Step R fwd, Scuff L next to R

5-8 Step L fwd, Lock R behind L, Step L fwd, Touch R next to L

4x TOE STRUTS BACK: R, L, R, L

1-4 Touch R toe back, Drop R Heel, Touch L toe back, Drop L heel

5-8 Touch R toe back, Drop R Heel, Touch L toe back, Drop L heel

SLOW R COASTER – PADDLE 1/4 R CROSS HOLD

1-4 Step R back, Step L together, Step R fwd, Hold

5-8 Step L fwd, 1/4 R Pivot weight on R, Cross L over R, Hold (3:00)

VINE R - VINE L

1-4 Step R to R side, Step L behind R, Step R to R side, Touch L next to R

5-8 Step L to L side, Step R behind L, Step L to L side, Touch R next to L

For a more challenging dance – please check out Darren Mitchells from 2005 called 'C'est La Vie' – I was just 12 years old when I first learnt Darrens dance 'C'est La Vie' and it was my absolute favourites back then, and still to this day!

Travis: dancewithtravis@gmail.com – Dance With Travis